Trask Parent Newsletter for the Week of March 7, 2021 Title I Compact for Student Success

News & Updates

- Our next <u>Grizzly Family Book Club</u> is March 16. Reserve your spot and <u>sign up today!!</u> If you are unable to attend, you can still join us in <u>Zoom</u> to play trivia with us.
- Check out the <u>Trask Showcase Video</u>! Special thanks to Ms. Penegar for compiling this with previous footage, social media posts, and yearbook photos.
- Attention 8th graders! It is time to choose courses for High School! You can use the cheat sheets (NHHS, Laney) and the curriculum guide to help you select core classes and electives. You will start by filling out the High School Registration Google Form (Spanish Version). If you choose to, you can also enter your classes into Powerschool, by following the directions found here (9th grade registration). The Counselors will meet with in-person students during the week of March 8-12 and will be offering virtual appointments to go over course selections (Schubbe, Scharf).
- Did you miss Picture Day? You can submit a photo for the yearbook using the <u>linked instructions</u>.
- We have finalized plans for Ms. Coley's memorial. To make a donation, please see the <u>link</u>.

Athletics

- Need dinner plans on Wed 3/10? Help support Trask Athletics Booster Club by purchasing a ticket for a BBQ plate dinner. Tickets are \$10 and plates can be picked up between 4-6 pm.
- Check out Coach Marqus' <u>PAVEDOT</u> website for information about upcoming football clinics.
- Is your student participating in community sports or activities! Share your photos with us using the Yearbook Snap app with the passcode: trask (make sure it is all lowercase) or email Ms. Bishton.

Community Resources & Support

- Open enrollment is now available on the <u>district website</u>.
- Revised <u>Curb-side</u> and Neighborhood bus meal stops change March 8th. Click on the link for more info.
- Are you feeling disconnected from your student? Read <u>here</u> to learn how to reconnect.
- NC is providing EBT (English, Spanish) benefits to students in Title I schools. See the letters for info.
- Interested in being a substitute for NHCS? See the <u>flver</u> to learn more.
- Please read the article from Psychology Today on how social media affects middle school students.
- If your student is experiencing symptoms of depression or anxiety, we are here to help. See the flyer for more information or access https://www.saysomething.net/ or https://nhcs.ethix360.com/ to let us know.

| Upcoming Dates | | | | |
|----------------|------|---|--|--|
| 03/08 | 3:30 | Sports Pictures | | |
| 03/09 | 4:00 | Girls LAX v. Williston | | |
| 03/10 | 8:10 | Short Cycle Assessment | | |
| 03/10 | All | Report Cards for Fully Remote (3/10 via mail), BB (3/11), 4 days (3/11) and AA (3/15) | | |
| 03/10 | 4:00 | BBQ Dinner | | |
| 03/11 | 4:00 | Boys LAX v. Williston | | |
| 03/11 | 4:00 | Baseball v. Murray | | |
| 03/11 | 4:00 | Volleyball @ Murray | | |

Quote of the Week: "If you do the work you get rewarded. There are no shortcuts in life." - Michael Jordan

See the Next Page for Quick Links for Remote Learning

FacebookTwitterInstagram@traskmiddle@traskbearsemmab.trask

| Quick Links for Remote Learning | | | | | |
|---------------------------------|-----------------------|--|--|--|--|
| Trask Office Hours | Student Help Center | Trask Remote Learning | | | |
| Remote Learning 101 | Trask Assistance form | Help Desk 254-4440 | | | |
| | Trask Office Hours | Trask Office Hours Student Help Center | | | |