News \& Updates

- NHCS will activate the Gaggle safety management solution for G Suite in grades 2 through 12 on Feb 2 to proactively protect students and ensure that they are safely and correctly using school-provided digital tools.
- While media coordinator at Trask Middle School, Ms. Coley transformed the library to an inclusive, engaging space for students and families. To continue her legacy, we want to offer families the opportunity to donate high interest, high circulation books to the library using an Amazon wish list. There are over 100 books to choose from. Please see the link if you are interested in donating.
- NHCS' Title IX Office and Communications Office have partnered to create this student PSA regarding Title IX reporting. Click the links to learn more (English, Spanish).
- Please see updated information for curbside meal service (English, Spanish).


## Athletics

- The next sports season is right around the corner! Girls and Boys Lacrosse tryouts are $2 / 16$. All students must have all paperwork complete in PlanetHS and bring a mouth guard. Volleyball and Baseball tryouts are $2 / 22$.
- Is your student participating in community sports or activities! Share your photos with us using the Yearbook Snap app with the passcode: trask (make sure it is all lowercase) or email photo to sarah.bishton@nhcs.net.
Community Resources \& Support
- Please see the flyer for the Wilmington Swim Academy.
- NCSSM will host a virtual Middle School Open House program on February 6, 2020. This program will allow families to learn more about residential, online and summer programs.
- Congratulations to former Trask Middle Bear Olivia Santo! Check out the story from WWAY.
- Interested in STEM? Consider applying for the Step Up to STEM program for rising 9th grade students who are African-American, Native American Hispanic/Latinx students.
- If your student is experiencing symptoms of depression or anxiety, we are here to help. See the flyer for more information or access https://www.saysomething.net/ or https://nhcs.ethix360.com/ to let us know.

Upcoming Dates
02/01 $\quad 3: 30 \quad$ Boys Soccer v. Williston
02/03 3:30 Girls Basketball @ Williston
02/04 3:30 Boys Soccer @ Holly Shelter
02/04 3:30 Girls Basketball vs Holly Shelter
Quote of the Week:"In February there is everything to hope for and nothing to regret." -Patience Strong

Twitter
@ traskbears

Instagram
emmab.trask

| NHCS Family Resources | Trask Office Hours | Student Help Center | Trask Remote Learning |
| :--- | :--- | :--- | :--- |
| NHCS Remote Learning | Remote Learning 101 | Trask Assistance form | Help Desk 254-4440 |

